



INTERNATIONAL  
INSTITUTE for  
RESTORATIVE  
REPRODUCTIVE  
MEDICINE

**2023**

**19TH ANNUAL GENERAL MEETING &  
INTERNATIONAL CONFERENCE FOR**

# **RESTORATIVE REPRODUCTIVE MEDICINE**

**MARCH 10-11**

**HF FÉNIX LISBOA  
LISBON, PORTUGAL**

**PRE-CONFERENCE: INTERNATIONAL MEETING OF NFP/FABM TEACHERS  
HOSTED BY NFP PORTUGAL**



# FRIDAY MARCH 10 2023

ALL TIMES IN GMT 24 HR CLOCK

---

Conference sessions will be held at HF Hotel Fenix Lisboa.  
Praça Marquês de Pombal 8,1269-133 Lisboa, Portugal

**08:00 REGISTRATION - MEET & GREET**

**09:00 INTERNATIONAL MEETING OF NFP/FABM TEACHERS**

*Pre-conference hosted by NFP Portugal*

The role of NFP/FABM teacher with couples with infertility

**11:00 OPENING ADDRESS & WELCOME**

Phil Boyle, MB, BCh, BAO, MICGP, MRCGP. President, IIRRM Board of Trustees. Founder & Director of NeoFertility, Dublin, Ireland.

**11:10 FAM AND ASSISTED REPRODUCTIVE TECHNOLOGIES: A PROSPECTIVE OBSERVATIONAL STUDY IN INFERTILE COUPLES**

Michele Barbato, MD, Symtothermal CAMeN School Director. Past Director of the Department of Obstetrics and Gynecology. Melegnano Hospital. Milan, Italy.  
Co-Author: Serena Del Zoppo, MD, OBGYN. Symtothermal CAMeN, Milan, Italy

**12:00 CHRONIC STRESS AND OVULATORY DYSFUNCTION**

*Presenting virtually*

Pilar Vigil, MD, PhD, FACOG. Biomedical Division, Reproductive Health Research Institute (RHRI). Pontificia Universidad Católica de Chile, Santiago, Chile.

**13:00 LUNCH**

**14:00 CHANGE OF MENSTRUAL CYCLE ACCORDING TO THE SEASON AND THE WEEKLY AND LUNAR RHYTHMS: WHAT IS THE REALITY? WHAT IS THE POSSIBLE CONTRIBUTION TO PRACTICE?**

Rene Ecochard, MD, Ph.D. Emeritus Professor Lyon Claude Bernard University. Lyon, France.

**14:50 FOUR YEARS SETTING A MULTIDISCIPLINARY NATURAL APPROACH FOR STERILITY IN SPAIN THROUGH NAPROTECHNOLOGY**

Jaime Siegrist, MD. PhD. Gynecologist. Fertilitas Centre, Madrid, Spain.

# FRIDAY MARCH 10 2023

ALL TIMES IN GMT 24 HR CLOCK

---

**15:35    WEIGHTED CERVICAL MUCUS SCORE TO EVALUATE FERTILITY WINDOW QUALITY**

*Oral Abstract Session*

Maria Elena Alliende, MD, MSc. Procef, Universidad de los Andes, Chile.

Co-Authors: Arraztoa JA, MD, MSc., Cavada G. PhD, Gana MT, RN, Mallea X, RN, Robertson E, Michael B.

**15:55    BREAK & REFRESHMENTS & POSTER SESSIONS**

**16:25    ASSESSING AND MANAGING INSULIN RESISTANCE IN PCOS**

Maria Wolfs, MD, MHSc. University of Toronto, Ontario, Canada.

**17:10    EVOLVING RESTORATIVE REPRODUCTIVE MEDICINE INFERTILITY STRATEGIES FOR THE 2020s**

Paul Carpentier, MD. IIRRM Board of Trustees. Clinical Liaison, The Long Island Gianna Center for Women's Health and Fertility. New York, USA.

**17:55    CHARACTERISTICS OF ANOVULATORY CYCLES AMONG FERTILE AND SUBFERTILE WOMEN**

*Oral Abstract Session*

Shahpar Najmabadi, MPH, PhD, University of Utah, Utah, USA.

Co-Author: Joseph Stanford, MD, MSPH. University of Utah, Utah, USA.

**18:15    DIAGNOSIS OF LUTEAL PHASE DEFICIENCY IN COUPLES WITH INFERTILITY: THE ROLE OF RESTORATIVE REPRODUCTIVE MEDICINE**

Maria Leonor Antunes, MD. Obstetrics and Gynaecology Resident. Hospital do Espírito Santo de Évora EPE. Universidade de Lisboa. Évora, Portugal

**19:00    A SIMPLE TOOL TO SUPPORT PHYSICIANS' DISCUSSION OF FABMS WITH THEIR PATIENTS**

*Oral Abstract Session*

Marguerite Duane, MD, MHA, MSPH, FAAFP.

FACTS About Fertility, Executive Director. Pennsylvania, USA.

Co-Author: Michael Manhart, PhD. Couple to Couple League. Ohio, USA.

**19:20    CLOSING REMARKS & ANNOUNCEMENTS**

**20:00    WINE & CHEESE RECEPTION**

Light food, canapés & drinks.

# SATURDAY MARCH 11 2023

MORNING SESSIONS - ALL TIMES IN GMT- 24 HR CLOCK

---

**08:00 REGISTRATION & BREAKFAST**

**08:50 WELCOME AND DAY II INTRODUCTIONS**

Phil Boyle, MB BCh BAO, MICGP, MRCGP.

President, IIRRM Board of Trustees. Dublin, Ireland.

**09:00 IMPACT OF MALE GENITAL TRACT INFECTIONS ON SPERM FUNCTION**

Raul Sanchez Gutierrez, MD. PhD. Professor, Faculty of Medicina, Universidad de La Frontera. Temuco, Chile

**09:45 MICROBIOME IMBALANCE AND FERTILITY**

Marta Magriço, Bachelor's in Nutrition Sciences & Postgraduate specialization in Metabolic Diseases and Eating Behaviour (Faculdade de Medicina da Universidade de Lisboa). Preconception and Fertility, FertilityCare Portugal.

**10:15 EARLY CHILD'S HEALTH PROGRAMMING FIRST EXPERIENCE  
IN UKRAINE: 4P MEDICINE AND MICROBIOME BASIS**

Volodymyr Artyomenko, MD, PhD, DSc. Professor of OB/GYN, Odessa National Medical University, Odessa, Ukraine

**11:00 BREAK & REFRSHMENTS**

**11:15 DEEP ENDOMETRIOSIS - FROM THEORETICAL BACKGROUND TO  
PRACTICAL ESSENTIALS**

Krzysztof Gałczyński, MD, PhD, Professor at Siedlce University of Natural Sciences and Humanities, Siedlce, Poland; Deputy Head of Department of Gynecology, Center for Endometriosis, 1st Military Hospital, Lublin, Poland

**12:00 ENDOMETRIAL FACTOR OF INFERTILITY**

Serena Del Zoppo, MD, OBGYN. Symtothermal CAMEn, Milan, Italy

**12:45 LUNCH**

**13:50 DIAGNOSING AND TREATING THE LUTEINIZED UNRUPTURED  
FOLLICLE SYNDROME**

*Presenting virtually*

Jerome Check, M.D., Ph.D. Professor of OB/GYN. Division Head of Reproductive Endocrinology & Infertility at Cooper Medical School, Rowan University. New Jersey, USA.



# SATURDAY MARCH 11 2023

AFTERNOON SESSIONS - ALL TIMES IN GMT 24 HR CLOCK

---

**14:35 RRM TREATMENT FOR CHRONIC INFERTILITY AND RECURRENT MISCARRIAGE - TWO CASE REPORTS**

Phil Boyle, MB BCh BAO, MICGP, MRCGP. President, IIRRM Board of Trustees.  
Founder & Director of NeoFertility, Dublin, Ireland.

**15:20 A PRACTICAL APPROACH TO DIAGNOSING AND TREATING INFERTILITY BY THE GENERALIST IN OBSTETRICS AND GYNECOLOGY**

*Presenting virtually*

Jerome Check, M.D., Ph.D. Professor of OB/GYN. Division Head of Reproductive Endocrinology & Infertility at Cooper Medical School, Rowan University. New Jersey, USA.

**16:10 BREAK & POSTER PRESENTATIONS**

**16:45 INHIBIN-B AND FSH ARE THE BEST INDICATORS OF SPERMATOGENESIS BUT NOT THE BEST INDICATORS OF MALE INFERTILITY.**

Natalia Suszczewicz, MD, Obstetrician-Gynaecologist, Department of Mini-invasive and Endoscopic Gynecology, Military Institute of Medicine, Poland.

Co Authors: Katarzyna Jankowska, MD, PhD & and Radosław Maksym, MD, PhD.

**17:00 FTR /TUBAL CANALIZATION AS A MEANS TO RESTORE TUBAL PATENCY**

Luis Chiva, MD. Ph.D. Director of Department of Obstetrics and Gynecology, Clinica Universidad de Navarra, Madrid, Spain.

**17:45 IMPLEMENTATION OF ETHIODIZED OIL FOR THE TREATMENT OF ENDOMETRIOSIS-ASSOCIATED INFERTILITY**

*Oral Abstract Session*

Radoslaw Maksym, MD PhD, Assistant Professor, 1 st Department of Obstetrics and Gynecology, Centre of Postgraduate Medical Education (CMKP), Warsaw, Poland

**18:05 PM UPDATES FROM STORM & IIRRM BUSINESS MEETING**

Joseph Stanford, MD, MSPH. Professor, University of Utah. USA.  
Research Protocols & Acting Treasurer, IIRRM Board of Trustees.

**LOOKING TO THE FUTURE OF RRM**

Tracey Parnell, MD, MSC. Clinical Professor, University of British Columbia.  
Communications & Development, IIRRM Board of Trustees.

**18:25 CLOSING REMARKS**

**19:00 BANQUET DINNER**

# POSTER PRESENTATIONS

---

Along with the scheduled oral abstract presentations, the following abstracts were accepted for presentation in our poster gallery. Please visit and discuss with the researchers during breaks.

***Specificity of CAMeN Symptothermal method***

Serena Del Zoppo, MD, OBGYN. Symptothermal CAMeN, Milan, Italy  
Co-Author: Michele Barbato, MD, Symptothermal CAMeN, School Director. Past Director of the Department of Obstetrics and Gynecology. Melegnano Hospital. Milan, Italy

***Rahum, the experience of infertility patient support group at a Naprotechnology practice***

Helena Marcus, MD, FCMC. Madrid, Spain.

***Educating medical and health professional students on FABMs via an online elective***

Marguerite Duane, MD, MHA, MSPH, FAAFP.  
FACTS About Fertility, Executive Director. Pennsylvania, USA.

***Microtubule module research for in vitro assessment of cervical secretion integrated with sperm swimming detection***

José María Murcia Lora, MD, OB-GYN, PhD, Restorative Reproductive Medicine, Clinical Consulting G&E, Logroño, La Rioja, Spain

Each year, IIRRM conferences host an opportunity, and play a pivotal role, in the presentation of new data, which may include new or ongoing research projects and clinical trials, relevant to RRM. Abstract presentation, whether oral or poster, is often the first opportunity for researchers to disclose, gain feedback and discuss potentially practice-changing or systems-changing data. Each year this facilitates the early communication of new data long before the publication of a full manuscript. The opportunity to submit and present your work at an IIRRM conference is available each year.

To learn more or register to receive a notification for the opening of IIRRM's 2024 abstract submission, please visit: <https://iirrm.org/abstract-notification/>