



INTERNATIONAL
INSTITUTE for
RESTORATIVE
REPRODUCTIVE
MEDICINE

2023

**19TH ANNUAL GENERAL MEETING &
INTERNATIONAL CONFERENCE FOR**

RESTORATIVE REPRODUCTIVE MEDICINE

MARCH 10-11

**HF FÉNIX LISBOA
LISBON, PORTUGAL**

**PRE-CONFERENCE: INTERNATIONAL MEETING OF NFP/FABM TEACHERS
HOSTED BY NFP PORTUGAL**



FRIDAY MARCH 10 2023

ALL TIMES IN GMT 24 HR CLOCK

Conference sessions will be held at HF Hotel Fenix Lisboa.
Praça Marquês de Pombal 8,1269-133 Lisboa, Portugal

08:00 REGISTRATION - MEET & GREET

09:00 INTERNATIONAL MEETING OF NFP/FABM TEACHERS

Pre-conference hosted by NFP Portugal

The role of NFP/FABM teacher with couples with infertility

11:00 OPENING ADDRESS & WELCOME

Phil Boyle, MB, BCh, BAO, MICGP, MRCGP. President, IIRRM Board of Trustees. Founder & Director of NeoFertility, Dublin, Ireland.

11:10 FAM AND ASSISTED REPRODUCTIVE TECHNOLOGIES: A PROSPECTIVE OBSERVATIONAL STUDY IN INFERTILE COUPLES

Michele Barbato, MD, Symtothermal CAMeN School Director. Past Director of the Department of Obstetrics and Gynecology. Melegnano Hospital. Milan, Italy.
Co-Author: Serena Del Zoppo, MD, OBGYN. Symtothermal CAMeN, Milan, Italy

12:00 CHRONIC STRESS AND OVULATORY DYSFUNCTION

Presenting virtually

Pilar Vigil, MD, PhD, FACOG. Biomedical Division, Reproductive Health Research Institute (RHRI). Pontificia Universidad Católica de Chile, Santiago, Chile.

13:00 LUNCH

14:00 CHANGE OF MENSTRUAL CYCLE ACCORDING TO THE SEASON AND THE WEEKLY AND LUNAR RHYTHMS: WHAT IS THE REALITY? WHAT IS THE POSSIBLE CONTRIBUTION TO PRACTICE?

Rene Ecochard, MD, Ph.D. Emeritus Professor Lyon Claude Bernard University. Lyon, France.

14:50 FOUR YEARS SETTING A MULTIDISCIPLINARY NATURAL APPROACH FOR STERILITY IN SPAIN THROUGH NAPROTECHNOLOGY

Jaime Siegrist, MD. PhD. Gynecologist. Fertilitas Centre, Madrid, Spain.

FRIDAY MARCH 10 2023

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15:35 WEIGHTED CERVICAL MUCUS SCORE TO EVALUATE FERTILITY WINDOW QUALITY

Oral Abstract Session

Maria Elena Alliende, MD, MSc. Procef, Universidad de los Andes, Chile.

Co-Authors: Arraztoa JA, MD, MSc,. Cavada G. PhD, Gana MT, RN, Mallea X, RN, Robertson E, Michael B.

15:55 BREAK & REFRESHMENTS & POSTER SESSIONS

16:25 ASSESSING AND MANAGING INSULIN RESISTANCE IN PCOS

Maria Wolfs, MD, MHSc. University of Toronto, Ontario, Canada.

17:10 EVOLVING RESTORATIVE REPRODUCTIVE MEDICINE INFERTILITY STRATEGIES FOR THE 2020s

Paul Carpentier, MD. IIRRM Board of Trustees. Clinical Liaison, The Long Island Gianna Center for Women's Health and Fertility. New York, USA.

17:55 CHARACTERISTICS OF ANOVULATORY CYCLES AMONG FERTILE AND SUBFERTILE WOMEN

Oral Abstract Session

Shahpar Najmabadi, MPH, PhD, University of Utah, Utah, USA.

Co-Author: Joseph Stanford, MD, MSPH. University of Utah, Utah, USA.

18:15 DIAGNOSIS OF LUTEAL PHASE DEFICIENCY IN COUPLES WITH INFERTILITY: THE ROLE OF RESTORATIVE REPRODUCTIVE MEDICINE

Maria Leonor Antunes, MD. Obstetrics and Gynaecology Resident. Hospital do Espírito Santo de Évora EPE. Universidade de Lisboa. Évora, Portugal

19:00 A SIMPLE TOOL TO SUPPORT PHYSICIANS' DISCUSSION OF FABMS WITH THEIR PATIENTS

Oral Abstract Session

Marguerite Duane, MD, MHA, MSPH, FAAFP.

FACTS About Fertility, Executive Director. Pennsylvania, USA.

Co-Author: Michael Manhart, PhD. Couple to Couple League. Ohio, USA.

19:20 CLOSING REMARKS & ANNOUNCEMENTS

20:00 WINE & CHEESE RECEPTION

Light food, canapés & drinks.

SATURDAY MARCH 11 2023

MORNING SESSIONS - ALL TIMES IN GMT- 24 HR CLOCK

08:00 REGISTRATION & BREAKFAST

08:50 WELCOME AND DAY II INTRODUCTIONS

Phil Boyle, MB BCh BAO, MICGP, MRCGP.

President, IIRRM Board of Trustees. Dublin, Ireland.

09:00 IMPACT OF MALE GENITAL TRACT INFECTIONS ON SPERM FUNCTION

Raul Sanchez Gutierrez, MD. PhD. Professor, Faculty of Medicina, Universidad de La Frontera. Temuco, Chile

09:45 MICROBIOME IMBALANCE AND FERTILITY

Marta Magriço, Bachelor's in Nutrition Sciences & Postgraduate specialization in Metabolic Diseases and Eating Behaviour (Faculdade de Medicina da Universidade de Lisboa). Preconception and Fertility, FertilityCare Portugal.

**10:15 EARLY CHILD'S HEALTH PROGRAMMING FIRST EXPERIENCE
IN UKRAINE: 4P MEDICINE AND MICROBIOME BASIS**

Volodymyr Artyomenko, MD, PhD, DSc. Professor of OB/GYN, Odessa National Medical University, Odessa, Ukraine

11:00 BREAK & REFRSHMENTS

**11:15 DEEP ENDOMETRIOSIS - FROM THEORETICAL BACKGROUND TO
PRACTICAL ESSENTIALS**

Krzysztof Gałczyński, MD, PhD, Professor at Siedlce University of Natural Sciences and Humanities, Siedlce, Poland; Deputy Head of Department of Gynecology, Center for Endometriosis, 1st Military Hospital, Lublin, Poland

12:00 ENDOMETRIAL FACTOR OF INFERTILITY

Serena Del Zoppo, MD, OBGYN. Symtothermal CAMEn, Milan, Italy

12:45 LUNCH

**13:50 DIAGNOSING AND TREATING THE LUTEINIZED UNRUPTURED
FOLLICLE SYNDROME**

Presenting virtually

Jerome Check, M.D., Ph.D. Professor of OB/GYN. Division Head of Reproductive Endocrinology & Infertility at Cooper Medical School, Rowan University. New Jersey, USA.

SATURDAY MARCH 11 2023

AFTERNOON SESSIONS - ALL TIMES IN GMT 24 HR CLOCK

14:35 RRM TREATMENT FOR CHRONIC INFERTILITY AND RECURRENT MISCARRIAGE - TWO CASE REPORTS

Phil Boyle, MB BCh BAO, MICGP, MRCGP. President, IIRRM Board of Trustees.
Founder & Director of NeoFertility, Dublin, Ireland.

15:20 A PRACTICAL APPROACH TO DIAGNOSING AND TREATING INFERTILITY BY THE GENERALIST IN OBSTETRICS AND GYNECOLOGY

Presenting virtually

Jerome Check, M.D., Ph.D. Professor of OB/GYN. Division Head of Reproductive Endocrinology & Infertility at Cooper Medical School, Rowan University. New Jersey, USA.

16:10 BREAK & POSTER PRESENTATIONS

16:45 INHIBIN-B AND FSH ARE THE BEST INDICATORS OF SPERMATOGENESIS BUT NOT THE BEST INDICATORS OF MALE INFERTILITY.

Natalia Suszczewicz, MD, Obstetrician-Gynaecologist, Department of Mini-invasive and Endoscopic Gynecology, Military Institute of Medicine, Poland.

Co Authors: Katarzyna Jankowska, MD, PhD & Radosław Maksym, MD, PhD.

17:00 FTR /TUBAL CANALIZATION AS A MEANS TO RESTORE TUBAL PATENCY

Luis Chiva, MD. Ph.D. Director of Department of Obstetrics and Gynecology, Clinica Universidad de Navarra, Madrid, Spain.

17:45 IMPLEMENTATION OF ETHIODIZED OIL FOR THE TREATMENT OF ENDOMETRIOSIS-ASSOCIATED INFERTILITY

Oral Abstract Session

Radoslaw Maksym, MD PhD, Assistant Professor, 1 st Department of Obstetrics and Gynecology, Centre of Postgraduate Medical Education (CMKP), Warsaw, Poland

18:05 PM UPDATES FROM STORM & IIRRM BUSINESS MEETING

Joseph Stanford, MD, MSPH. Professor, University of Utah. USA.
Research Protocols & Acting Treasurer, IIRRM Board of Trustees.

LOOKING TO THE FUTURE OF RRM

Tracey Parnell, MD, MSC. Clinical Professor, University of British Columbia.
Communications & Development, IIRRM Board of Trustees.

18:25 CLOSING REMARKS

19:00 BANQUET DINNER

POSTER PRESENTATIONS

Along with the scheduled oral abstract presentations, the following abstracts were accepted for presentation in our poster gallery. Please visit and discuss with the researchers during breaks.

Specificity of CAMEN Symptothermal method

Serena Del Zoppo, MD, OBGYN. Symptothermal CAMEN, Milan, Italy
Co-Author: Michele Barbato, MD, Symptothermal CAMEN, School Director. Past Director of the Department of Obstetrics and Gynecology. Melegnano Hospital. Milan, Italy

Rahum, the experience of infertility patient support group at a Naprotechnology practice

Helena Marcus, MD, FCMC. Madrid, Spain.

Educating medical and health professional students on FABMs via an online elective

Marguerite Duane, MD, MHA, MSPH, FAAFP.
FACTS About Fertility, Executive Director. Pennsylvania, USA.

Microtubule module research for in vitro assessment of cervical secretion integrated with sperm swimming detection

José María Murcia Lora, MD, OB-GYN, PhD, Restorative Reproductive Medicine, Clinical Consulting G&E, Logroño, La Rioja, Spain

Each year, IIRRM conferences host an opportunity, and play a pivotal role, in the presentation of new data, which may include new or ongoing research projects and clinical trials, relevant to RRM. Abstract presentation, whether oral or poster, is often the first opportunity for researchers to disclose, gain feedback and discuss potentially practice-changing or systems-changing data. Each year this facilitates the early communication of new data long before the publication of a full manuscript. The opportunity to submit and present your work at an IIRRM conference is available each year.

To learn more or register to receive a notification for the opening of IIRRM's 2024 abstract submission, please visit: <https://iirm.org/abstract-notification/>

REGISTRATION

REGISTER: [IIRM.ORG/LISBON/](https://iirm.org/lisbon/) | ALL PRICES IN USD

Registration includes:

- Both Friday & Saturday programming
- 15 presentations and discussions with leading experts
- 4 oral abstract presentations & 4 poster sessions
- Pre-conference workshop hosted by NFP Portugal (Instructor-focused)
- Light refreshments & coffee, tea, and juice at breaks; A meal package can be added on for \$45
- Networking rooms during breaks for those joining online through zoom
- Up to 13.0 live (and recorded) European CME credit* or up to 20.5 endured prescribed AAFP credit*
- Recording and slide handouts; self-directed study option (for those that don't join live)

**** 2023 Rate Adjustments **** Lower and middle-income countries (as classified by World Bank data) are eligible for *reduced* conference registration. Rates will automatically calculate during registration based on your country of residence (billing address).

IIRM MEMBERS

All prices in USD

| Category | Early Bird (until Jan 31) | Regular Rates (begin Feb 1) |
|---|------------------------------|--------------------------------|
| Regular Member - Clinician or Researcher (you hold a medical or graduate level degree) | \$215 | \$250 |
| Associate Member - Teachers & non-graduate level allied healthcare providers | \$130 | \$150 |
| Community Member | \$130 | \$150 |
| Student Member | \$60 | \$70 |
| Virtual Member - online access | \$105 | \$125 |
| Virtual Student Member - online access | \$30 | \$35 |

NON-MEMBERS

All prices in USD

| Category | Early Bird (until Jan 31) | Regular Rates (begin Feb 1) |
|--|------------------------------|--------------------------------|
| Regular Attendee - Clinician or Researcher (you hold a medical or graduate level degrees) | \$255 | \$300 |
| Associate Attendee - Teachers & non-graduate level allied healthcare providers | \$170 | \$200 |
| Community - Non-Medical Attendee | \$170 | \$200 |
| Student Attendee | \$70 | \$85 |
| Virtual Attendee - online access | \$130 | \$150 |
| Virtual Student Attendee - online access | \$40 | \$50 |

VENUE DETAILS



CONFERENCE VENUE & ACCOMMODATION

HF Fénix Lisboa

Praça Marquês de Pombal 8,
1269-133 Lisboa, Portugal

Booking Page (for stays between March 6th-13 2023):

<https://conferenceforrestorativeproductivemedicine.hfhotels.com/corporate/>

You can select *any* of the 4 HF Fenix Hotels listed. If you prefer to stay at the same venue as the conference book **HF Fénix Lisboa** (found at the bottom of the booking page).

TRANSPORTATION

Nearest Airport: *Lisbon Portela Airport*, also known as *Lisbon Airport (LIS)*

By Bus/Metro:

The Fénix Lisboa is easily accessible by metro and bus. A number of routes pass within easy walking distance.

Metro trip planning: https://www.metrolisboa.pt/en/travel/plan_a_journey/

Bus trip planning: <https://www.carris.pt/en/travel/planear-viagem/>

A popular attraction, you can also ride the [Lisbon tram system](#).

WIFI

Free WiFi is available throughout the hotel and in the conference room.

COFFEE BREAKS & MEALS

Coffee breaks with light refreshments *are included* with your conference ticket. A wine and cheese reception will be offered Friday night following the conference. Non-alcoholic beverages will also be available.

You can select a meal package (\$45 USD - approx. €42) during registration which will include breakfast on Saturday & lunch on both Friday and Saturday.

SOCIAL EVENTS & BANQUET



EVENING BANQUET - SAT. MARCH 11 @ 19:00

HF Fénix Lisboa

Praça Marquês de Pombal 8,
1269-133 Lisboa, Portugal

Join us for a full-course meal at the HF Fénix Lisboa. Mix and mingle, with a last chance to connect with colleagues and friends. House wine, soft drinks, coffee, and tea are included in the pricing. Tickets are \$40 USD.

Tickets can be purchased during conference registration or separately here: <https://bit.ly/banquet-ticket>

MARCH 12 2023 - JOIN US IN A GROUP EXCURSION TO FÁTIMA

For those still in Lisbon on Sunday, we invite you to join a trip to the city of Fátima. Whether you join as part of a pilgrimage or simply as a humble observer, Fátima remains one of the most sacred destinations and pilgrimage sites to visit in Europe.

History: On May 13, 1917, when three children were tending sheep the sky lit up and a woman — Mary, the mother of Christ, "a lady brighter than the sun" — appeared standing in an oak tree. In the midst of bloody World War I, she brought a message that peace was coming.

As war continues to rage on in Ukraine this year, reflection and prayers for those affected and to bring about peace seem fitting. More details (times, transportation, nominal cost for transportation, etc.) will be available and discussed in February with those that express interest in joining through RSVP below. Mass (in Portuguese) is at 11:00 am in the Basilica and 12:30 pm in the Chapel of Apparitions.



RSVP early: <https://iirm.org/event/social/>



CONTINUING PROFESSIONAL DEVELOPMENT

CONTINUING MEDICAL EDUCATION (CME) CREDITS

ACCREDITATION STATEMENTS - EACCME (13 EUROPEAN CME CREDITS*)

The 19th Annual Conference for Restorative Reproductive Medicine has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) for a maximum of 13.00 European CME credits (ECMEC®s). This credit is also available for Self-Paced study following the webinar for up to 3 months following the live event. Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Credits for this event are also deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

EACCME is recognized by most governing bodies within Australia and New Zealand. Submit the received certificate of attendance and learning hours to your governing body. Additionally, you may be asked to include the conference program.

HOW TO CLAIM CREDITS

For Live Attendees: Complete an evaluation at the end of the day selecting the sessions you attended, or complete the web link (URL) emailed to you following the closing of the webinar (for virtual attendance). A certificate will be emailed to you to submit to your governing body.

Self-directed Activity (Endured Credit for Recordings and Readings): Log in to the IIRRM.ORG Learning Portal and progress through the sessions. Credit is awarded on a per session basis.

CONFLICTS OF INTEREST

All members of the Conference Planning Committee and speakers are required to disclose any commercial and financial relationships pertaining to reproductive medicine or their presentation to both IIRRM and attendees.

These disclosures are reviewed by the conference committee and the EACCME to ensure any potential conflict of interest is addressed.

ACCREDITATION STATEMENTS - AAFP (20.5 ENDURING CREDIT*)

The AAFP has reviewed sessions from the 19th Annual Conference for Restorative Reproductive Medicine and deemed them acceptable for AAFP credit. *Term of approval is from 03/10/2023 to 02/01/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Each session must be reported individually and credit is awarded on a per-session basis by completing the self-directed activities available through the learning portal on IIRRM.ORG.

Completion of all sessions and activities can earn up 20.5 enduring prescribed AAFP credit. Credit is accepted by a number of medical organizations, [some listed at the bottom of the page here](#). Please contact your local body to determine how to report the credit if not listed with AAFP.

AAFP Prescribed the American Medical Association accepts credit as equivalent to AMA PRA Category 1 credit(s)™ toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.