



FIRST RRM GLOBAL SUMMIT

Health and Hope in Restorative Reproductive Medicine

February 18-20, 2022

14+ hours of CME over 24 Hrs
3 Public Forums



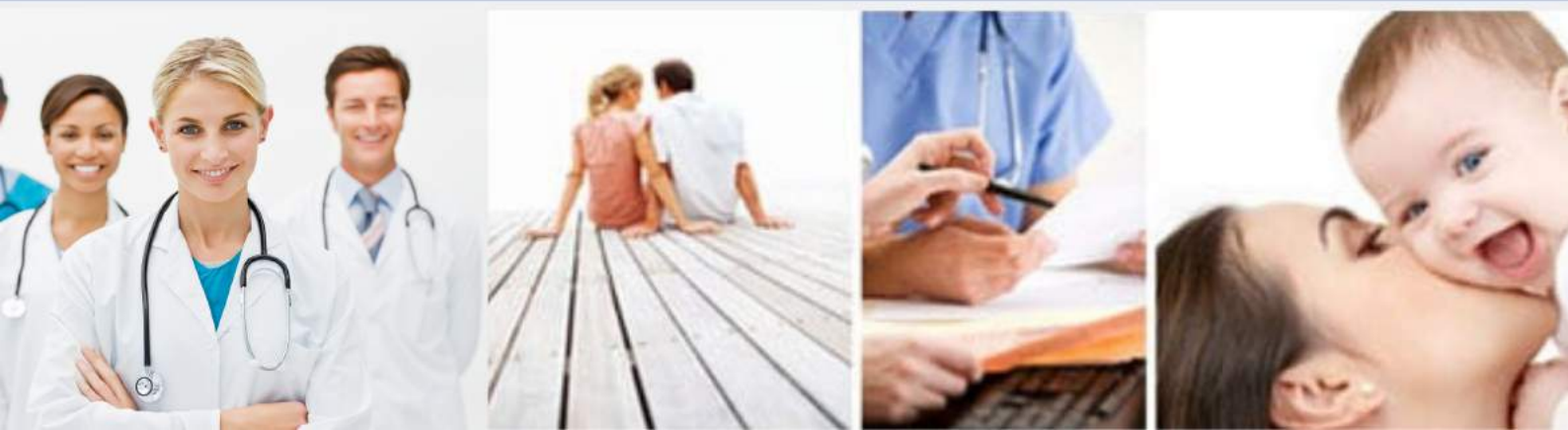
AUSTRALASIAN
INSTITUTE FOR
**RESTORATIVE
REPRODUCTIVE
MEDICINE**



INTERNATIONAL
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MEDICINE

IIRRMA

International Institute
of Restorative
Reproductive
Medicine of
America



RRM GLOBAL SUMMIT - FEBRUARY 19, 2022 (GMT)



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[Click here to check session 1 start time in your time zone](#)

Session 1: Hosted by the AIRRM

SESSION 1

All times below are listed in GMT (London, UK)

1:00 AM - 1:50 AM	Public Forum: Restore Hope
2:00 AM - 2:10 AM	Official Opening of the First RRM Global Summit MC Welcome: Gabriel James, MSc, MBBS, DRANZCOG. AIRRM Secretary. Queensland, Australia. Opening Address and Welcome: Phil Boyle, MD, MICGP, MRCGP. IIRRM President. Neo Fertility Founder & Director. Dublin, Ireland. AIRRM history and welcome: Mary Walsh, MD. AIRRM Founding Board Member. Melbourne, Australia.
2:10 AM - 2:35 AM	PCOS Update: Recent PCOS Guidelines Update- Diagnosis and Management Robert Norman, MD, FRANZCOG, FRCPA, FRCPath, FRCOG, CREI, FAHMS. Professor for Reproductive and Periconceptual Medicine, University of Adelaide, Australia.
2:35 AM - 2:45 AM	PCOS Case Study (Creighton FertilityCare Method Based) Catherine Peterson, MBBS, FRACGP, CFCMC. Adelaide, South Australia. & Alison Fleming, FCP, Fertility Educator. Adelaide, South Australia.
2:45 AM - 3:00 AM	Question & Answer Session Chaired by Joseph Turner, MD, PhD. Senior Lecturer, University of New England, Honorary Senior Lecturer, University of Queensland, Australia.
3:00 AM - 3:15 AM	Laparoscopic Ovarian Surgery for PCOS Elvis Seman, MBBS, FRANZCOG, EUCOGE, FRCOG, NFPMC, PhD. Urogynaecology Head, Flinders University, Adelaide, South Australia. Fertility Fundamentals, Australia.
3:15 AM - 3:25 AM	Medical and Surgical PCOS Case Study (Billings Ovulation Method®) Elvis Seman, MBBS, FRANZCOG, EUCOGE, FRCOG, NFPMC, PhD. & Mrs. Bernadette Davies, Billings Ovulation Method® Accredited Teacher. Adelaide, South Australia.
3:25 AM - 3:35 AM	Question & Answer Session Chaired by David Anderson, MD, CFCP. Victoria, South Australia.
3:35 AM - 3:50 AM	Break & Chat Rooms Open
3:50 AM - 4:20 AM	Restorative Surgery Patrick Yeung Jr., MD. Veritas Fertility & Surgery . Adjunct Professor, Saint Louis University. St. Louis, MO. USA.

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4:20 AM – 4:30 AM	STM Based Case : Endometriosis/Infertility/Fibroid (PMS/pain/adeno) Alison Bignell, MBBS, FRACGP, NFPMC. Brisbane, Australia. Linda Tettamanzi, BSc (Hons), Midwifery CM NFS educator, ACNFP Affiliate.
4:30 AM – 4:40 AM	Question & Answer Session Chaired by Luke McLindon, MBBS, FRACGP FRANZCOG NFPMC. Mater Hospital. Brisbane, Australia.
4:40 AM - 5:10 AM	Pelvic Pain: Lets look at the big picture Susan Florence Evans, PhD. Gynaecologist. Associate Professor, University of Adelaide, Australia .
5:10 AM – 5:20 AM	Question & Answer Session Chaired by: Catherine Peterson, MBBS, FRACGP, CFCMC. Adelaide, South Australia.
5:20 AM – 5:40 AM	Physical Therapy Based Case Study: Understanding physical therapy and chronic Pelvic Pain Alexandra Diggles, B. Phty (hons.), MSPH. Physiotherapist. Lecturer, Australian Catholic University. Brisbane, Australia.
5:40 AM – 6:10 AM	Infertility and Sexual Dysfunction: A Case-based Approach Monica Cook, MScMed (SRH), GDipScCommun, PhB(Sc)(Hons). Sydney, Australia.
6:10 AM – 8:00 AM	Discussion & Social Break

The Australasian Institute for Restorative Reproductive Medicine (AIRRM) is a peak professional organisation dedicated to holistic management of fertility/infertility and reproductive health disorders.

The AIRRM promotes contemporary and evidence-based fertility management and aims for excellence in the provision of physical and psychological care. The governance of the Institute is guided by Specialist Obstetricians & Gynaecologists, General Practitioners, and Fertility Educators from around Australia and New Zealand.

Membership is open to clinicians, educators, bioethicists, policy-makers, and those with an interest in Restorative Reproductive Medicine. Learn more about AIRRM or become a member at:
<https://www.airrm.org.au/>

AIRRM is an approved Health Promotion Charity, with ACNC (Australian Charities and not-for-profit commission). Consider supporting their work in the fields of education & health promotion of fertility.

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Session 2: Hosted by the IIRRM

SESSION 2

All times below are listed in GMT (London, UK)

8:00 AM – 8:50 AM

Oestradiol Levels in pregnancy and treatment options for oestradiol deficiency

Phil Boyle, MICGP, MRCGP, MD. IIRRM President. Neo Fertility Founder & Director. Dublin, Ireland.
Theun de Groot, PhD. Department of Medical Microbiology, Canisius Wilhelmina Hospital, Nijmegen, Netherlands
Karolina Andralojc, PhD. Radboud University Medical Centre, Nijmegen, Netherlands.

8:50 AM – 9:40 AM

Ovulatory Dysfunction in Young Women

Pilar Vigil, MD, PhD, FACOG. Reproductive Health Research Institute (RHRI). Pontificia Universidad Católica de Chile, Santiago, Chile.

9:40 AM – 10:00 AM

Abstract Presentation: Fertility awareness education improves fertility cycle knowledge and may reduce time to pregnancy.

Gabriela Mena, MD, MPH – The University of Queensland, Australia
Research Fellow – Natural Fertility Services, Mater Mothers Hospital
Co-Author: Luke A McLindon, MBBS, FRACGP, FRANZCOG.

10:00AM – 10:30 AM

Q & A and Case Discussion with morning speakers

Chaired by: Phil Boyle, MD, MICGP, MRCGP. IIRRM President. Neo Fertility Founder & Director. Dublin, Ireland.

10:30 AM – 11:20 AM

The History of Reproductive Science: reflections on how we got here and future directions

Craig Turczynski, PhD. Texas, USA. Reproductive Physiologist. Billings Ovulation Method®, BOMA-USA.

11:20 AM – 12:00 PM

Facilitated Discussion: RRM Research – Where to go from here?

Craig Turczynski, PhD. Texas, USA. Reproductive Physiologist. Billings Ovulation Method®, BOMA-USA & Tracey Parnell, MSc, MD. IIRRM Board of Directors. Cranbrook, Canada

12:15 PM – 1:00 PM

European Public Forum: RRM & ART - What's the difference?

Facilitators: Dr. Phil Boyle, Dublin, Ireland., Dr. Joseph Stanford, Utah, USA., Dr. Tracey Parnell, Cranbrook, Canada., Dr. Paul Carpentier, New York, USA.

1:00 PM - 2:00 PM

Discussion & Social Break

The International Institute for Restorative Reproductive Medicine (IIRRM) unites providers and researchers who share a common belief that patients deserve scientifically-based and well-researched reproductive health care services that cooperate with and restore reproductive function. Join IIRRM's goals in education, mentorship, and research and continue to transform reproductive medicine at: <https://bit.ly/donate2RRM>

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[Click here to check session 3 start time in your time zone](#)



International Institute of Restorative Reproductive Medicine of America

For Spanish Translation find your number at:
<https://zoom.us/j/acYvS8hINA>

Webinar ID: 934 7071 0963

Session 3: Hosted by the IIRRMA

SESSION 3

All times below are listed in GMT (London, UK)

2:00 PM – 2:50 PM	Women's Health in Menopause: A Restorative Approach Jean Golden-Tevald, DO, CFCMC, IFMCP (Institute of Functional Medicine Certified). Founder and Medical Director MorningStar Family Health Center. New Jersey, USA.
2:50 PM – 3:40 PM	Endometriosis: update on diagnosis, pathophysiology, and treatment Prof. Paul Yong, MD, PhD, FRCSC. Research Director and Gynaecologist, BC Women's Centre for Pelvic Pain & Endometriosis. Vancouver, BC, Canada.
3:40 PM - 3:55 PM	Break: Chat Rooms Open
3:55 PM - 4:45 PM	Restorative Reproductive Approach to Adolescents from a Family Medicine Perspective Gretchen V. Marsh, D.O., CFCMC, CFCP Nevada, USA.
4:45 PM - 5:15 PM	PCOS and Insulin Glucose Tolerance Testing Tracey A Parnell, MD, MSc, CFCMC. IIRRMA Board of Trustees. Cranbrook, Canada.
5:15 PM –5:30 PM	Q & A with North American Speakers Chaired by Lynn Keenan, MD. IRRMA Board of Directors. Professor of Sleep and Internal Medicine UCSF/Fresno, California, USA
5:30 PM - 6:00 PM	Discussion & Social Break
9:15 PM - 10:00 PM*	American Public Forum: "Restore Health" <i>Restoring health and improving lives: treating common reproductive conditions</i>
<i>Note: Follows the South American Sessions</i>	
10:15 PM – 12:00 AM	Case Discussions & Happy Hour (or Tea & Coffee):

The American Institute for Restorative Reproductive Medicine (IIRRMA-A) is an organization of medical professionals dedicated to providing evidence-based medical information in the areas of restorative reproductive medicine (RRM) and woman's healthcare. Founded in 2006 as a 501-c3 charity, the IIRRMA-A holds annual conferences, facilitates growth in research, hosts an online forum/community of members, and recently began hosting online case discussions: "Ask IRRMA".

International and regional members are welcome to join, with annual dues of \$20/year, visit iirrma.org to learn more or join as a member. Or consider supporting growing the work of IIRRMA-A by donating: <https://iirrma.org/donation-form/>

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**Session 4: Hosted by South America contingency -
Presented in Spanish with English Translation**



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Translation Find your number @ <https://zoom.us/j/93470710963>
Webinar ID: 934 7071 0963

[Click here to check session 4 start time
in your time zone](#)

SESSION 4

All times below are listed in GMT (London, UK)

6:00 PM – 6:20 PM

Abstract Presentation: Binarization, skellitization and study of the directionality of branches of crystallization samples of cervical secretions taken in the fertile window by means of the Creighton Model System (CrMS) – An observational study

José María Murcia Lora, MD, Ob-GYN. PhD. Gynaecology and Obstetrics, Clinical Consulting, Logroño La Rioja, Spain.

6:20 PM – 7:10 PM

Urinary hormones as adjuncts to locate the luteal phase

María Elena Alliende, MD. Programa de Cuidado y Estudio de la Fertilidad (PROCEF), Departamento de Obstetricia, Ginecología y Biología de la Reproducción, Universidad de los Andes, Santiago, Chile.

7:10 PM - 8:00 PM

Ovarian Drilling for the surgical treatment of PCOS: A Review

Gloria Sanchez-Zinny, MD.
Gynecologist, Austral University Hospital, Provincia de Buenos Aires, Argentina.

8:00 PM - 8:50 PM

Adaptation of a Restorative Reproductive Service to the Peruvian culture

Gisela Valer, MD, Gynaecologist (Ginecóloga)
Naprotecnología. Lima, Peru.

8:50 PM – 9:10 PM

Q & A with Speakers

9:15 PM - 10:00 PM

American Public Forum: “Restore Health” - (in English)

Restoring health and improving lives: treating common reproductive conditions - Chaired by the IIRRM-A Board of Directors.

How can RRM help?

1. PCOS
2. PMS & PMDD
3. PPD

10:00 PM - 10:15 PM

Conference Closing Comments

Phil Boyle, MICGP, MRCGP, MD. IIRRM President. Neo Fertility Founder & Director. Dublin, Ireland.

10:15 PM – 12:00 AM

Case Discussions & Happy Hour (or Tea & Coffee):

Bring your challenges or share your interesting patient cases and charts. Case Templates available or share your own - this is a non-formal session