

# **North American Regional Conference**

**Blue Bell, Pennsylvania, United States**

**July 17, 2019**

Sponsored by

**The International Institute for Restorative Reproductive Medicine**

[www.iirrm.org](http://www.iirrm.org)



# North American Regional Conference for Restorative Reproductive Medicine



**7:30 am**     ***Registration and Continental Breakfast***

**8:00 am**     **Opening Remarks**

**April Lind, MD**

Board certified in Internal Medicine and Pediatrics, Creighton FertilityCare Medical Consultant as well as FEMM Medical Consultant. Practices primary care with a focus on women's health in Maple Grove, MN

**8:15 am**     **Lifestyle and Environmental Factors and Fertility**

**Sunni Mumford, PhD**

Earl Stadtman Investigator in the Epidemiology Branch of the Division of Intramural Population Health Research. She has a PhD in Epidemiology and Master's in Biostatistics

**9:00 am**     **Manipulating the Cellular Immune Environment of the Post-Ovulatory Endometrium to Improve Fecundity in Natural Cycles**

**Eric Chang, DO and Rachel Cohen, DO**

Drs. Chang and Cohen specialize in reproductive endocrinology and infertility, working with Dr Check at Cooper Institute for Reproductive Hormonal Disorders in Melrose Park, PA

**9:45 am**     ***Research Abstract: Vaginal bleeding, cycle length, and follicular and luteal phase lengths in women without known sub fertility: a pooled analysis of 3 cohorts***

**Joseph Stanford, MD, MSPH, CFCMC**

Director of the Office of Cooperative Reproductive Health.  
Professor of Family Preventive Medicine, University of Utah, USA  
Director of Research, International Institute for Restorative Reproductive Medicine

**10:05 am**     **Networking Break & Coffee**

**10:25 am**     **Impacting the epigenetic landscape of common reproductive health conditions by affecting estrogen metabolism through lifestyle and the microbiome**

**April Lind, MD and Kimberly Bigelow-Flannery, MD**

Dr. Bigelow-Flannery is board-certified in Family Medicine, working for Fairview Range Regional Mesaba Clinic, Minnesota, with special emphasis on women's health and functional medicine

**11:10 am**     ***Research Abstract: Fertility awareness indicators and fecundability in a North American preconception cohort***

**Sydney Willis, MSPH**

Doctoral student in Epidemiology at Boston University School of Public Health, with a Master's in Epidemiology, with emphasis in the study of fertility awareness methods



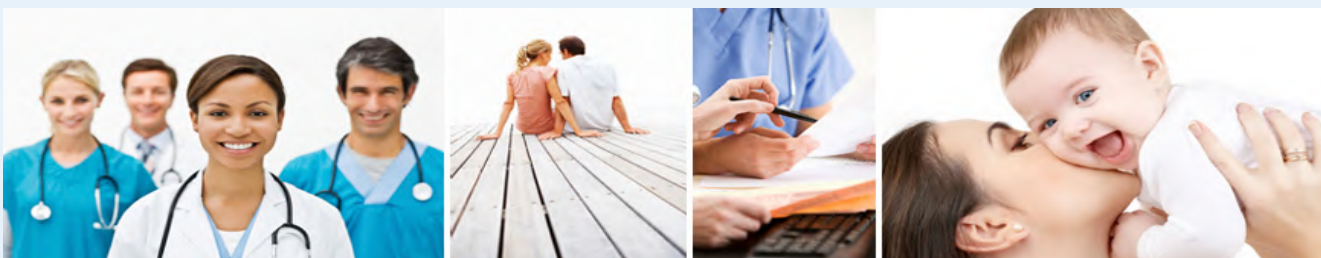
Wednesday, July 17, 2019

Blue Bell

Pennsylvania, USA



- 11:30 am**     **Research Abstract: An evaluation of the current curricula regarding reproductive health topics and methods of family planning at United States Medical Schools**  
**Marguerite Duane, MD, MHA, FAAFP**  
Board certified family physician and Adjunct Associate Professor at Georgetown University. Co-founder and Executive Director of FACTS.
- 11:50 pm**     **Lunch**
- 1:00 pm**     **Research Abstract: Natural Procreative Technology: Outcomes from Treatment of Infertility in Six Fertility Clinics in Nigeria**  
**Eziamaka Ezenkwele, MD, FWACS (OBGYN), DTM&H, NFPMC, FCP**  
An OB/GYN, she is the Takemi Fellow at the Harvard T.H. Chan School of Public Health in the Department of Global Health and Population, and lectures at the University of Nigeria Teaching Hospital
- 1:20 pm**     **Sharing the Science of Fertility Awareness with a General Medical Audience**  
**Marguerite Duane, MD, MHA, FAAFP**
- 2:05 pm**     **Direct Primary Care and Natural Fertility Care Medicine**  
**Edward Fleming, MD, Louise Smyth, MD and Kim Couri, MD**  
Dr. Fleming: VP of IRRMA, board-certified in Family Medicine, Morning Star Family Health Center, NJ. Drs. Smyth and Couri: Board-certified in Family Medicine, and co-founders of the Couri & Smyth Health for Life Medical Center
- 2:50 pm**     **Networking Break**
- 3:10 pm**     **Planning for the Future of IRRM : Breakout Sessions**  
**Joseph Stanford, MD, MSPH, CFCMC**
- 4:30 pm**     **Concluding Remarks and IRRMA Business Meeting**  
**Lynn Keenan, MD**  
VP of IRRM and Treasurer of IRRMA, Professor of Sleep and Internal Medicine, UCSF Fresno



**The Mission of the International Institute for Restorative Reproductive Medicine is to advance excellence in Restorative Reproductive Medicine by supporting practice and research through mentorship, education and collaboration.**

***A growing network  
of professionals***

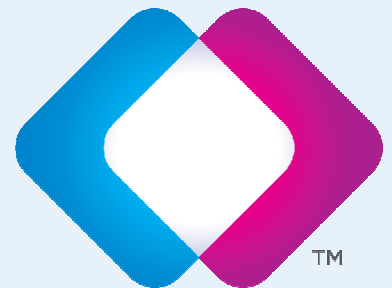


Restorative Reproductive Medicine encompasses medical approaches which aim to identify and address underlying reproductive disorders and correct or optimize function. Health care providers who practice Restorative Reproductive Medicine employ a variety of approaches but use only methods that do not destroy, bypass or suppress the reproductive system and they adhere strictly to these philosophical principles.

The IIRRM is the leading voice in uniting providers who share a common belief that patients deserve evidence-based reproductive health care services that cooperate with and restore reproductive function. With the successful roll out of our international conference and webinar agenda we now can actively reach and support providers across the world. With our educational series and active support of research in the field we are able to provide our members with unparalleled opportunities to be part of transforming reproductive medicine.

**JOIN TODAY** and share your experience while learning about the latest advances in the field of Restorative Reproductive Medicine. As a member, you take an active role in shaping the future in which Restorative Reproductive Medicine, backed by published evidence and years of experience, becomes the standard of care.

**Helping You  
Transform Reproductive Medicine**



**IIRRM**

**To become a member or learn more contact us:**

**[info@iirm.org](mailto:info@iirm.org)**

**[www.iirm.org](http://www.iirm.org)**